

Character Education



Self-Discipline

Self-Discipline Definition:

“Thinking about your words and actions, and then making choices that are right for you and others.”



In reading the lives of great men, I found that the first victory they won was over themselves... self-discipline with all of them came first.

Harry S. Truman

**It is not fair to ask of others
what you are not willing to
do yourself.**

Eleanor Roosevelt

Self-Discipline is when your conscience tells you to do something and you don't talk back.

W.K. Hope

**The only discipline that last is
self discipline.**

Bum Phillips

What it lies in our power to do, it lies in our power not to do.

Aristotle

Self Discipline

I show self discipline when I accept that things do not always go my way.



Self Discipline

I show self discipline when I finish my chores before playing.



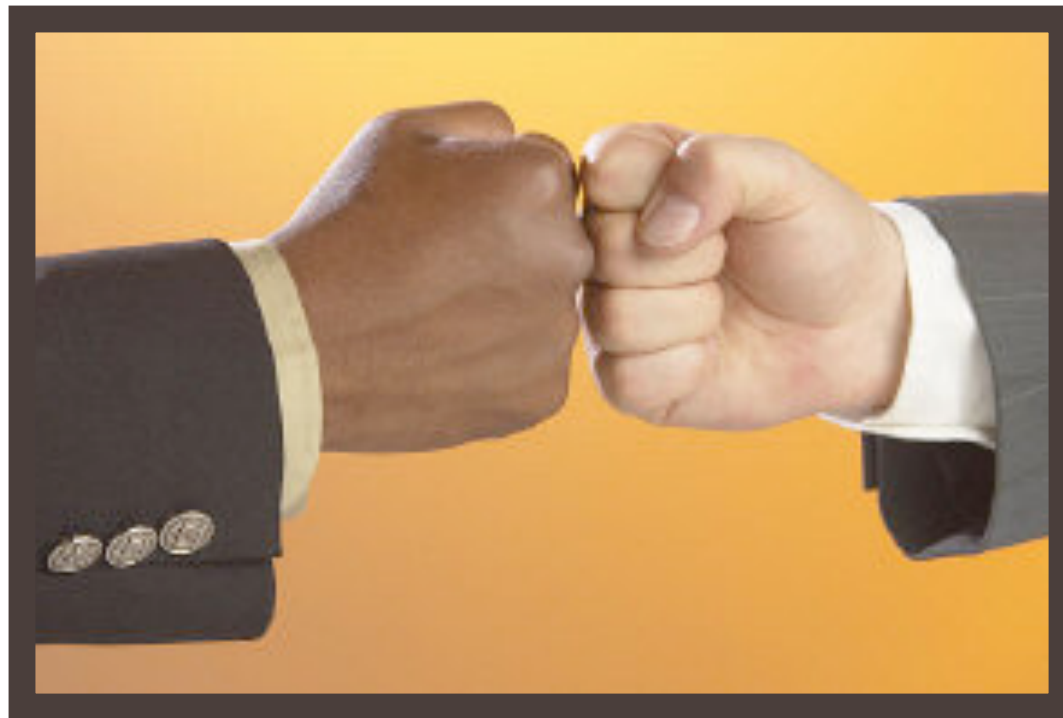
Self Discipline

Self discipline is not negative restraint but rather positive life management.



Self Discipline

The foundation of self discipline is the ability to control one's thoughts, actions, attitudes, and feelings.



Self Discipline Words

Self control

Firmness

Discipline

Soundness

Willpower

Stability

Restraint

Patience

Composure

Poise

