

Assessment

Physical Fitness Formation

Name _____

The following are the commands to get a unit into Physical Fitness Formation. Place the commands in the proper order by writing a 1 for the first command, a 2 for the second and continue until you place an eight for the last command.

- _____ 1. "Arms downward, MOVE"
- _____ 2. "Arms downward, MOVE"
- _____ 3. "Even numbers to the left, UNCOVER"
- _____ 4. "Extend to the left, MARCH"
- _____ 5. "Extend to the left, MARCH"
- _____ 6. "From front to rear, COUNT OFF"
- _____ 7. "Left, FACE"
- _____ 8. "Right, FACE"

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Name _____

The following are the commands to get a unit into Physical Fitness Formation. Place the commands in the proper order by writing a 1 for the first command, a 2 for the second and continue until you place an eight for the last command.

- 2 or 5 1. "Arms downward, MOVE"
- 2 or 5 2. "Arms downward, MOVE"
- 8 3. "Even numbers to the left, UNCOVER"
- 1 or 4 4. "Extend to the left, MARCH"
- 1 or 4 5. "Extend to the left, MARCH"
- 7 6. "From front to rear, COUNT OFF"
- 3 7. "Left, FACE"
- 6 8. "Right, FACE"