

# Assessment

## Spine and Neck Injuries

Name \_\_\_\_\_

### Multiple Choice

- \_\_\_\_\_ 1. Which of the following is NOT a symptom of a spine or neck injury?
- a. weakness
  - b. sore throat
  - c. unconscious
  - d. difficult walking
- \_\_\_\_\_ 2. The loss of movement and voluntary control over the muscles in the body is called
- a. sore muscles
  - b. back pain
  - c. paralysis
  - d. fiber mold
- \_\_\_\_\_ 3. The central nervous systems is made up of the spinal cord and the \_\_\_\_\_.
- a. neck
  - b. stomach
  - c. heart
  - d. brain
- \_\_\_\_\_ 4. The spinal cord passes through your back and \_\_\_\_\_.
- a. legs
  - b. neck
  - c. head
  - d. arms
- \_\_\_\_\_ 5. If you think someone could possibly have a spinal injury, you should ask them to move to a sitting position.
- a. True
  - b. False

- \_\_\_\_\_ 6. Which of the following could be a cause of a spine or neck injury
- a. diving accident
  - b. sports injury
  - c. both “a” and “b”
  - d. none of these
- \_\_\_\_\_ 7. If you think someone could possibly have a spinal injury and they are not breathing and have no circulation, you should begin CPR.
- a. True
  - b. False
- \_\_\_\_\_ 8. The spine is divided into how many sections.
- a. two
  - b. three
  - c. four
  - d. five
- \_\_\_\_\_ 9. A spinal cord injury is considered very serious.
- a. True
  - b. False
- \_\_\_\_\_ 10. If a person has a spinal cord injury and they must be rolled over because they are choking, how many people do they recommend assist in rolling the victim over?
- a. one only
  - b. two
  - c. three
  - d. four

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Name \_\_\_\_\_ **KEY** \_\_\_\_\_

1. b
2. c
3. d
4. b
5. b
6. c
7. a
8. d
9. a
10. b