

HIV / AIDS

What is HIV

The Human Immunodeficiency Virus is a virus that attacks and deteriorates the body's immune system. The immune system is the body's natural defense against infections such as the common cold. HIV is the virus that causes AIDS.

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What is AIDS

AIDS stands for Acquired Immune Deficiency Syndrome.

- **A - It is Acquired, meaning that it must be transmitted from an outside source.**
- **I - It affects the Immune system**
- **D - It cause a Deficiency - this means that it causes the body's natural defense to be worn down**
- **S - It is a syndrome which simply means that it is a general name for a number of common symptoms**