

# Universal Precautions

“a set of precautions designed to prevent transmission of HIV, hepatitis B virus (HBV), and other bloodborne pathogens when providing first aid or health care. Under universal precautions, blood and certain body fluids of all patients are considered potentially infectious for HIV, HBV and other bloodborne pathogens”

# Universal Precautions

## Universal precautions apply to:

- blood
- bodily fluids containing visible blood
- semen
- vaginal fluid
- cerebrospinal
- synovial, pleural, peritoneal, pericardial, and amniotic fluids
- needles, scalpels and other sharp instruments

# Universal Precautions

**Universal precautions DO NOT apply to:**

feces  
nasal  
secretions  
sputum  
sweat  
tears  
urine  
vomitus

# Universal Precautions

**Universal precautions are achieved by using protective barriers that include:**

**gloves  
gowns  
protective eyewear  
aprons**