

Assessment

Stroke

Name _____

- _____ 1. A stroke is a cutting off vital blood and oxygen to the _____.
- a. heart
 - b. lungs
 - c. kidneys
 - d. brain
- _____ 2. A stroke is the _____ most common cause of death.
- a. first
 - b. second
 - c. third
 - d. fourth
- _____ 3. A stroke is more common in males over 40 years of age.
- a. True
 - b. False
- _____ 4. Risk factors of having a stroke that are beyond your control.
- a. being a male
 - b. being African-American
 - c. having a family history of stroke
 - d. All the above
- _____ 5. A lifestyle stroke risk factor that you can control are
- a. being a male
 - b. being over 55 years old
 - c. smoking
 - d. All the above
- _____ 6. You can delay treatment for a stroke because no more damage will occur.
- a. True
 - b. False

Assessment Stroke

Name _____

Write either the word **myth** or **reality** to describe the following statements

- _____ 7. Stroke is largely preventable
- _____ 8. Stroke only strikes the elderly
- _____ 9. Stroke cannot be treated
- _____ 10. Stroke is unpreventable
- _____ 11. Stroke requires emergency treatment
- _____ 12. Stroke can happen to anyone

Write three common stroke symptoms

- 13. _____
- 14. _____
- 15. _____

What are the three questions you should ask a person you think is having a stroke.

- 16. _____
- 17. _____
- 18. _____

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Assessment Stroke

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Reality 7. Stroke is largely preventable

Myth 8. Stroke only strikes the elderly

Myth 9. Stroke cannot be treated

Myth 10. Stroke is unpreventable

Reality 11. Stroke requires emergency treatment

Reality 12. Stroke can happen to anyone

Write three common stroke symptoms

13. **numbness or weakness of face, arm or leg especially on one side of body**

14. **sudden confusion, trouble speaking or understanding**

15. **sudden trouble seeing in one or both eyes**

sudden trouble walking , dizziness, loss of balance or coordination

sudden severe headache with no known cause

What are the three questions you should ask a person you think is having a stroke.

16. **ask the individual to smile**

17. **ask him or her to raise both arms**

18. **ask the person to speak a simple sentence**