

Cadences

Marching

Our Boots



Our boots are in the sand
We are marching hand in hand
Noises noises in the tent
We were sent to represent
We are here for you
Please don't shout and please don't boo
What will become of us
We all shout and we all fuss
We are all every strong
This is where we belong
We dodge bullies everyday
And we still have the courage to stay
All the sand is in our face
But we still stand in place
We all work very hard
While marching with pride yard by yard
Marching with out any qualm
While singing this candence song

Cadences

Running No Sweat

One mile, No sweat
Two miles, Better yet
Three miles, Gotta run
Four miles, Just for fun

Come on
Let's go

We can go
Through the snow

We can run
To the sun

We train
In the rain

