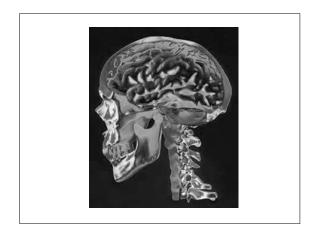
Media Literacy

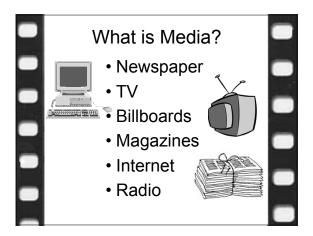


Did you know....

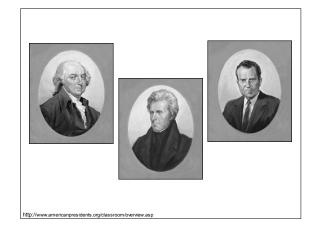


by the time the average American graduates from High School they will have spent more time in front of a television than in classroom instruction.





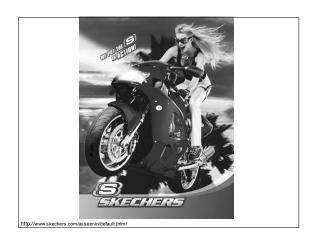


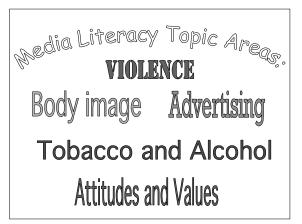


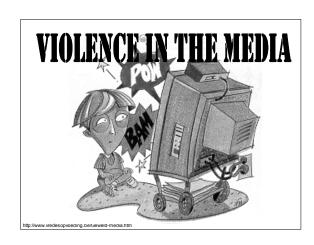
What role does the media play?

- To educate
- To sell
- To entertain



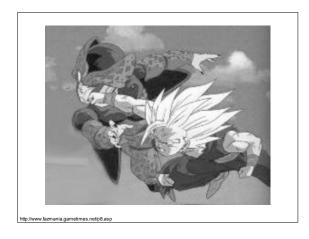






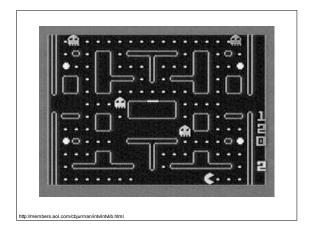




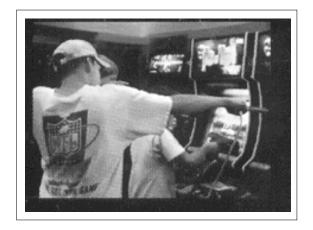
















EFFECTS OF MEDIA VIOLENCE

- Increased aggressiveness and antisocial behavior.
- Increased fear of becoming a victim.
- Increased desensitization to violence and victims of violence.
- Increased appetite for more violence in entertainment and real life.
- The belief that fighting is a means to "handling" conflict.



p://gnfc.org.uk/lmages/woman_mirror.jpg

Remember our first toys?

9 9 9
Media is one of the
major contributing factors to body
image.
International Eating Disorder Referral Organization









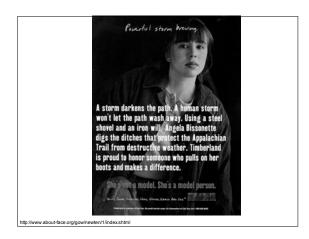






Fake or Foto?





What can you do?

- Weight doesn't define who you are or what you are as a person.
- Don't get hung up on numbers, weight doesn't tell you much: Muscle weighs more than fat.
- Weight isn't the best indicator of health or fitness, your eating habits, exercise patterns and other choices are more important.

more tips

- Stop negative thoughts about yourself.
- · Compliment yourself.
- Do not let the media influence your body image.
- Remember that photographs are air brushed to reach the thin ideal body.

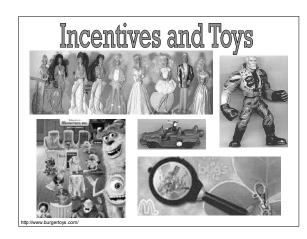
Advertising

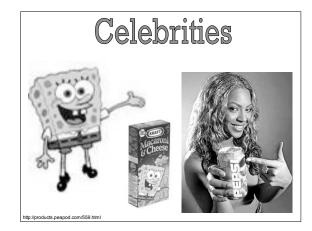
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How marketing targets youth

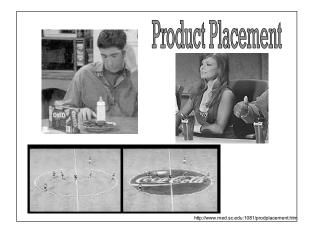
- Commercials
- Incentives (toys, games)
- Athletes/Celebrities
- Product placement











Tobacco and Alcohol in the media





Did you know that each year alcohol and tobacco companies spend billions of dollars trying to get your attention ?

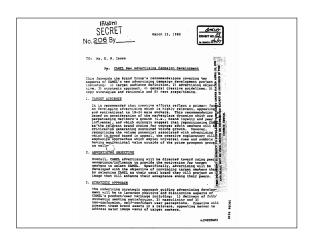
It works!!

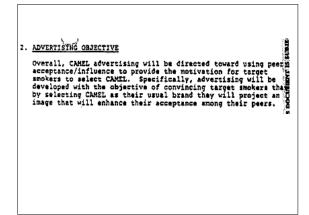
91% of 6-year-olds know who Joe Camel is, the same as Mickey Mouse.













- "Today's teenager is tomorrow's potential regular customer, and the overwhelming majority of smokers begin to smoke while still in their teens. The smoking patterns of teenagers are particularly important to Phillip Morris"
- "Evidence is now available to indicate that the 14-18 year old group is an increasing segment of the smoking population. RJ Reynolds must soon establish a successful new brand in this market if our position in the industry is to be maintained in the long term."







http://www.med.sc.edu:1081/prodplacement.htm

Are you influenced?

- A review of cigarette advertising and youth smoking rates indicated that sudden rises in teen smoking coincided with large-scale cigarette advertising campaigns
- 44% of 12-13 year-old girls believe that cigarette ads suggest that smoking helps people stay thin
- 30% of teens aged 12-17 own at least one tobacco promotional item

Alcohol

Underage drinking is linked with an increased risk of:

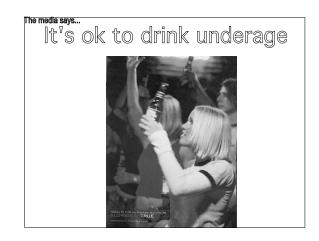
- Physical and sexual assault
- Vandalism
- Teen pregnancy
- Poor academic performance
- Depression
- Among other serious consequences

nal Academy of Science

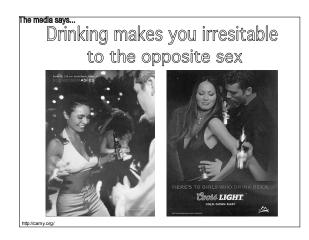
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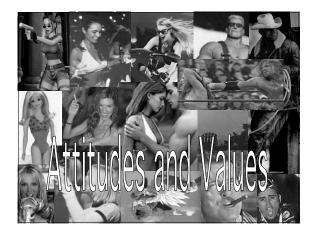








The media says	1
Sports go well with alcohol and tobacco	
Lore the carbs. Not the taste.	
and	1
ads often justify and normalize risky, dangerous, and illegal behaviors	
Domomharl	
Remember!	
 Media messages are not reflections of reality, they are put together carefully to send you a very specific message. 	
Advertisements are created to do one thing: convince you to buy or support a product or service.	
 To convince you to buy something, advertisers will create a message that provides an emotional experience that looks like reality. 	



What can we do?

- Try to cut down on your "media time"
- Find alternative activities to viewing media
- · Create counter-ads
- · Deconstruct media messages
- Tell your friends and family about media literacy

Greate counter-als Tris the stuff inside that matters most. Most



