

# Cadences

Marching

## You Are My Sergeant

You are my Sergeant  
My only Sergeant

You make me tired  
When you drop me

But you never know Serg  
how much I love you

Please don't take my one stripe away!



# Cadences

Running

## Up From A Sub



Up from a sub 60 feet below.  
We scuba to the surface and we're ready to go.  
We're gonna back stroke, side stroke, swim to shore.  
When we hit the beach we're ready for war.

Chorus:  
Singing Hoo-yah Hoo-ya Hey!  
Ho-yah Running day!  
Singing Hoo-Yah Hoo-ya Hey!  
Just another PT day

Well I've got a dog and his name is Blue.  
And Blue wants to be in the Cadet Corps too...  
So I bought him a mask and four little fins.  
I took him too the ocean and I threw him in.  
Blue came back to my surprise.  
With a shark in his teeth and gleam in his eyes.