

# Cadences

Running

## Cadet Corps PT

Early one morning in the pouring rain,  
First Sergeant said it was time for pain,  
grab your ruck and follow me  
Its time to do some PT  
We jogged nine miles and we ran three,  
The First Sergeant yelling “follow me”  
Then we walked two miles and ran eight  
Cadet Corps PT sure is great.



# Cadences

## Marching

### Party Hearty

We are ( Unit )  
And we like to party  
Party, hearty  
Party hearty all night long

Your left, your left, your left, right, get on down  
Your left, your left, your left, right, get on down

We like to boogie  
Boogie, woogie  
And when we boogie  
We boogie, woogie, all night long

Your left, your left, your left, right, get on down  
Your left, your left, your left, right, get on down