



Basic Shooting Skills

Lesson 2

Objectives



- o Importance of good marksmanship
- o Sight and picture alignment
- o Demonstrate master eye
- o Improve rifle accuracy
- o Improve shotgun accuracy
- o Improve handgun accuracy



Good Marksmanship

- A fair amount of knowledge, skill, and experience is required to become a successful hunter
- One of the essential skills is good marksmanship, which is accurately and consistently hitting the target.
- Good marksmanship is built on three fundamentals

Proper Sight

- sight alignment is the process of lining up rear and front sights.
- The sight picture is the image you see when the sights are aligned correctly with the target.

Aligning an Open Sight

Front sight — Target — Rear sight

Sight correctly aligned on target

Misaligned—bullet goes right of target

Misaligned—bullet goes high and left of target

Misaligned—bullet goes high of target

Misaligned—bullet goes low of target

Dominant Eye

- To ensure that the bullet will travel to the target in your sight, it's necessary to sight-in your rifle, but before you can do that, you need to determine your dominant or "master" eye.

To determine your dominant Eye:

- First Form a triangular opening with your thumbs and forefingers
- stretch your arms out in front of you
- focus on a distant object while looking through the triangular opening
- Bring your hands slowly to your face, keeping sight of the object through the opening; the opening will naturally come to your dominate eye

Improve rifle accuracy



- Shooting from Rest: This prevents the rifle from moving by resting it on something soft
- Breathing: when you're ready to fire, take a breathe, exhale half and then hold it
- Trigger Squeeze: Apply slow and steady pressure until the gun fires, to prevent jarring
- Follow Through: after the bullet fires, its important to continue the squeeze or follow through. to prevent you from jerking the gun before the bullet has left the barrel



Improve shotgun accuracy

- Shooting stance: Stand with your feet shoulder width and your weight evenly balanced, front foot toes should align with target
- shoulder the shotgun: bring the stock to your cheek then the stock to your shoulder
- trigger action: quick trigger action is important, breath control is not necessary



Improve handgun accuracy

- Assume a stable position: Use a two handed hold whenever possible, grip so that the recoil is directed back to the hand and arm is a straight line
- Sight alignment: Align your site with the front and back of the sites
- Shooting: the trigger squeeze, breath control, and follow through are almost identical to those in rifle shooting; all handguns should be fired at arms length


