



## Basic Shooting Skills

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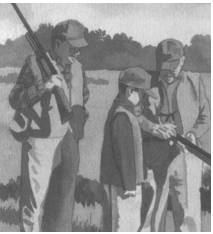
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### Objectives



- o Importance of good marksmanship
- o Sight and picture alignment
- o Demonstrate master eye
- o Improve rifle accuracy
- o Improve shotgun accuracy
- o Improve handgun accuracy

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### Good Marksmanship

- A fair amount of knowledge, skill, and experience is required to become a successful hunter
- One of the essential skills is good marksmanship, which is accurately and consistently hitting the target.
- Good marksmanship is built on three fundamentals

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## Proper Sight

- sight alignment is the process of lining up rear and front sights.
- The sight picture is the image you see when the sights are aligned correctly with the target.

Aligning an Open Sight

Front sight — Target — Rear sight

Sight correctly aligned on target

Misaligned—bullet goes right of target

Misaligned—bullet goes high and left of target

Misaligned—bullet goes high of target

Misaligned—bullet goes low of target

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## Dominant Eye

- To ensure that the bullet will travel to the target in your sight, it's necessary to sight-in your rifle, but before you can do that, you need to determine your dominant or "master" eye.

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## To determine your dominant eye:

- First Form a triangular opening with your thumbs and forefingers
- stretch your arms out in front of you
- focus on a distant object while looking through the triangular opening
- Bring your hands slowly to your face, keeping sight of the object through the opening; the opening will naturally come to your dominante eye

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### Improve rifle accuracy



- Shooting from Rest: This prevents the rifle from moving by resting it on something soft
- Breathing: when you're ready to fire, take a breathe, exhale half and then hold it
- Trigger Squeeze: Apply slow and steady pressure until the gun fires, to prevent jarring
- Follow Through: after the bullet fires, its important to continue the squeeze or follow through. to prevent you from jerking the gun before the bullet has left the barrel



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### Improve shotgun accuracy

- Shooting stance: Stand with your feet shoulder width and your weight evenly balanced, front foot toes should align with target
- shoulder the shotgun: bring the stock to your cheek then the stock to your shoulder
- trigger action: quick trigger action is important, breath control is not necessary



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### Improve handgun accuracy

- Assume a stable position: Use a two handed hold whenever possible, grip so that the recoil is directed back to the hand and arm is a straight line
- Sight alignment: Align your site with the front and back of the sites
- Shooting: the trigger squeeze, breath control, and follow through are almost identical to those in rifle shooting; all handguns should be fired at arms length



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