

# Bullying



**A student is being bullied or victimized when he or she is exposed, repeatedly and over time, to negative actions on the part of one or more other students**

# The Bully



Bullies tend to be larger - particularly than their victims

Aggressive towards kids and adults

No evidence that “underneath it all, they were anxious and insecure”

Some are popular - may have a following

Component of a more general antisocial and rule-breaking behavior pattern. More likely to have criminal convictions in their 20s

# The Victim of the Bully

Low self esteem

Anxious and insecure

Often feel ashamed

Physically slighter

Sensitive

Often feel stupid

Often feel unattractive

Lonely

Often no friends

Parent s overprotective

