

# Bullying



**A student is being bullied or victimized when he or she is exposed, repeatedly and over time, to negative actions on the part of one or more other students**

# The Bully



**Bullies tend to be larger - particularly than their victims**

**Aggressive towards kids and adults**

**No evidence that “underneath it all, they were anxious and insecure”**

**Some are popular - may have a following**

**Component of a more general antisocial and rule-breaking behavior pattern. More likely to have criminal convictions in their 20s**

# The Victim of the Bully

Low self esteem

Anxious and insecure

Parent s overprotective

Often feel ashamed

Physically slighter

Often no friends

Sensitive

Lonely

Often feel unattractive

Often feel stupid

