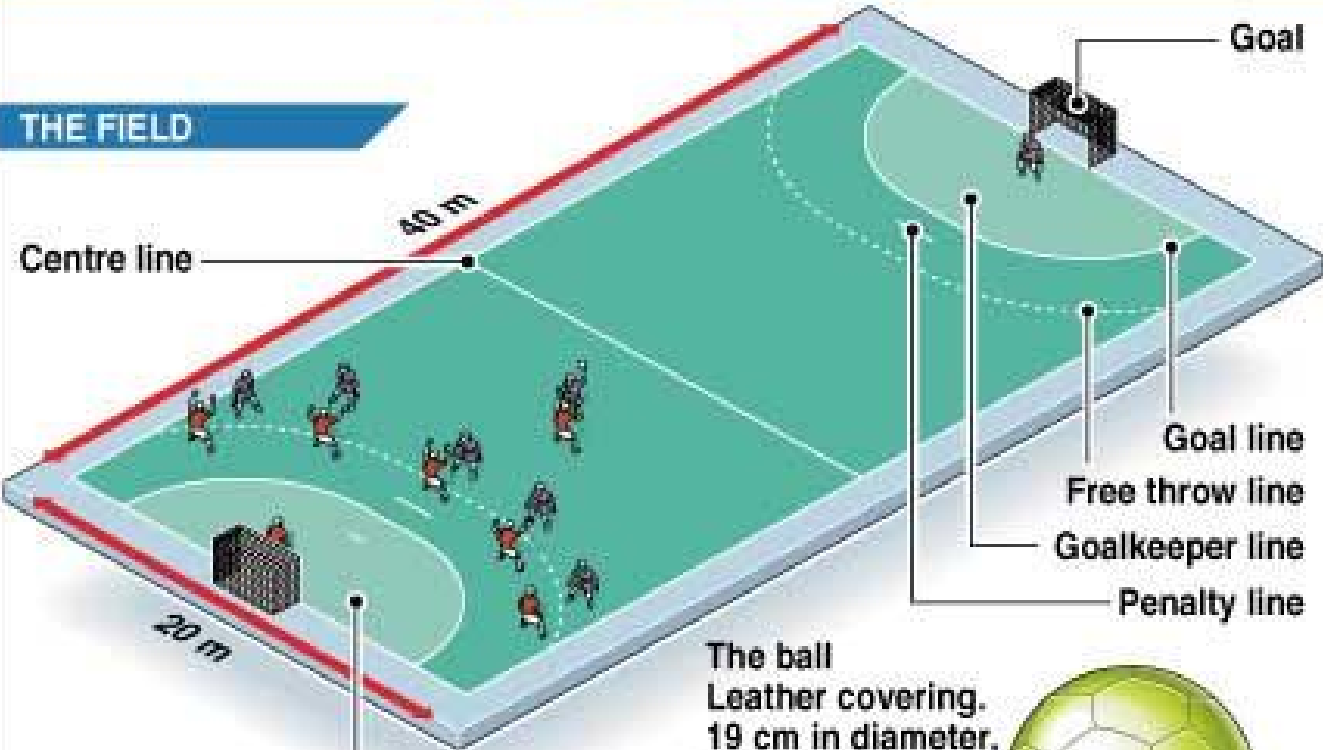


Team Handball

Team Handball

THE FIELD



40 m

20 m

Centre line

Goal

Goal line


Free throw line

Goalkeeper line

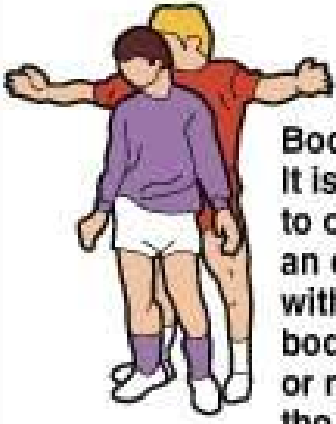
Penalty line

Only the goalkeeper is allowed in the goal area

The ball
Leather covering,
19 cm in diameter,
weighs 425-475g
for men; 18 cm
and 325-400g
for women



Body contact
It is permissible
to obstruct
an opponent
with the
body, whether
or not he has
the ball



Players may stop, catch, throw, bounce
or strike the ball in any manner and in any
direction using hands, fists, arms, head,
body, thigh or knees

