

Assessment

Field Hockey

Name _____

True/False – Put T for True and F for False

1. Field hockey is a physically demanding sport that has a positive effect on one's cardiovascular system.
2. There are 5 players on a field hockey team.
3. The term "bully" in field hockey describes a method used by two opposing players to restart play.
4. All players on a hockey team can use their feet or bodies or stick to stop a ball.
5. Field hockey is a very popular high school sport.
6. A dodge is a maneuver to avoid the opponent while keeping possession of the ball.
7. The scoop allows the player to scoop the ball far enough off the ground to clear the opponent's stick.
8. Only the fullbacks can use their feet or body to stop the ball.
9. A "push" is a method of making short passes.
10. There are 45 minutes in a half of a field hockey game.
11. "Flick" is putting spin on the ball.
12. "Drive" is to pass the ball to a teammate.
13. A field hockey field is 100 yards long.
14. A field hockey field is 50 yards wide.
15. There are 2 forwards on a field hockey team.

Multiple Choice – Pick the BEST response.

16. French word for shepherd's crook: a) French fry b) flick c) hocquet d) stick
17. Advancing the ball with the hand is: a) legal b) sneaky c) OK d) a foul
18. She taught field hockey to her students at Harvard in 1901: a) Ms. Boyd b) Ms. Applebee c) Ms. Seghers d) Ms. Cooper
19. Time out is called in case of: a) bad weather b) darkness c) injury d) lunch
20. This team member can use feet, arms and body to stop the ball: a) fullback b) forwards c) halfbacks d) goalkeeper