

Assessment

Touch / Flag Football

Name _____

FILL IN THE BLANK

Choose from the following word bank to fill in the blanks.

diamond
up
touchdown

five
laces

waist
field

four

- When catching a football, the player should make the shape of a _____ with her hands.
- When throwing a football, the player should place her fingers on the _____ to get a good grip on the ball.
- The defense must count to _____ Mississippi's before they can cross the imaginary line of scrimmage.
- When punting the football, it is important to hold the ball with the laces facing _____.
- Each team has _____ downs, or chances, to progress the ball to the next bubble cone.

MATCHING

Choose the correct definition for the following terms, and write the corresponding letter in the blank.

- | | |
|----------------------------|---|
| 6. _____ Line of scrimmage | a. worth 6 points |
| 7. _____ Interception | b. imaginary line that crosses the width of the field |
| 8. _____ Touchdown | c. when the defense steals a pass |

TRUE OR FALSE

Please write TRUE or FALSE in the blank.

- _____ The quarterback is not allowed to throw the ball forward after crossing the imaginary line of scrimmage.

10. _____ When catching a football below the waist, the player should put her thumbs together.
11. _____ In the game of Touch Football, anytime the ball touches the ground it is a dead ball unless it is after a punt.
12. _____ If I am right handed, I should take a step with my right foot when I throw the football.
13. _____ When I am trying to stop the ball carrier, I have to touch her with one hand.
14. _____ When punting a football, the player should kick the ball with her shoe laces.