

# Shock

- **Causes**

Shock may be caused by severe or minor trauma to the body

- **Effects**

Shock stuns and weakens the body. When the normal blood flow in the body is upset, death can result.

- **Symptoms**

Sweaty but cool skin, paleness of skin, restlessness, thirst, loss of awareness, rapid breathing, bluish skin, nausea and/or vomiting

- **Treatment**

Do NOT move the casualty if suspected fractures have not been splinted. Move casualty to cover if situation permits. Lay casualty on his back. Elevate casualty's feet higher than the level of his heart.