

Assessment

Name _____

Airway, Choking and Rescue Breathing

1. What is the universal signal for choking? putting their hands to their throat

2. Explain how to give the Heimlich Manuever. Stand behind the person. Place one fist above the person's navel. Cover fist with other hand. Thrust up and in with enough force to lift victim off their feet

3. What is the correct method to open the airway of an unconscious victim? Use the Head tilt-chin lift method and finger sweep

4. What do you "Look, Listen and Feel" for? LOOK for rise and fall of chest - LISTEN for breathing FEEL for the person breath on your cheek

5. How do you give abdominal thrusts to an unconscious victim? Put palm of hand above their navel - push down and foward. Be forceful.

6. How do you perform rescue breathing on an adult or child victim? Pinch victim's nostrils together - title head backwards - Lift chin - make airtight seal around mouth with your mouth.- blow air (every 1 to 1.5 seconds) - watch for breathing

7. What does "tap and shout" mean? Tap them on the shoulder and ask them "Are you OK?"
