

California Cadet Corps Curriculum

First Year - Strand 7-12

Strand	Leadership	Citizenship	Patriotism	Military Knowledge	Academic Excellence	Fitness
7	Definition of Leadership Profile: SGT York	Current Events: • Why Study Them? • How to Study Them?	Song: America the Beautiful Care and Display of the Flag	Colors and Symbols on a map Wear of the Class "C" uniform	The M.U.R.D.E.R. Study System	Aerobic Capacity
8	Leadership Traits 1-3 Profile: Gen. Patton	Disaster Preparedness	Song: From the Halls of Montezuma Being on a flag detail	The Three Norths Finding North Compass Basics	Cooperative Learning Strategies	Developing overall flexibility
9	Leadership Traits 4-6 Profile: Audie Murphy	Family Disaster Planning	Song: The Army Song and "Caissons" Color Guard Basics	Finding and measuring distances Land Features	Skimming and Scanning a text	Abdominal Strength and Endurance
10	Leadership Traits 7-9 Profile: Dwight D. Eisenhower	Community Service: Why, How, When, What, Where?	Song: You're a Grand Old Flag Betsy Ross History of the Flag	Contour Lines	Proofreading	Trunk Extensor and Flexibility
11	Leadership Traits 10-12 Profile: Gen. Doolittle	Conflict Resolution Anger Management	Song: This Land is Your Land History of the Pledge and National Anthem	Orienteering Platoon Drill	SQ3R	Upper body strength and endurance
12	UNIT REVIEW					

California Cadet Corps Curriculum

First Year - Strand 13-14

Strand	Leadership	Citizenship	Patriotism	Military Knowledge	Academic Excellence	Fitness
13	Leadership Traits 13-14 Profile: Deborah Sampson	Citizen Responsibilities Value: Reduce, Reuse, Recycle	Song: Off We Go Declaration of Independence	Airway Choking Rescue Breathing	Time Management	Team Sport: Soccer Avoiding Tobacco
14	Leadership Principles 1-2 Profile: Chester Nimitz	Bill of Rights Citizen Rights	Song: The Navy Hymn and Anchors Aweigh The Federal Chain of Command	Stopping Bleeding	Improving memory and concentration	Team Sport: Volleyball Avoiding Alcohol
15	Leadership Principles 3-4 Profile: Douglas MacArthur	Human Rights Value: Justice	Song: When Johnny Comes Marching Home.... The Washington Monument	Bites and Stings Heat and Cold Injuries	Making an effective oral presentation	Team Sport: Ultimate Frisbee Avoiding Drugs
16	Leadership Principles 5-6 Profile: Chesty Puller	Value: Violence Prevention	Song: Stars and Stripes Forever The Medal of Honor	Sprains, Strains, and Broken Bones	Taking a Multiple Choice Test	Team Sport: Basketball HIV/AIDS prevention
17	Leadership Principles 7-8 Profile: COL Ruby Bradley (most decorated woman in military history)	Value: Cultural Awareness and Sensitivity Gender Roles in society	Song: The Battle Hymn of the Republic The White House	CPR (infant, child, and Adult)	Test Anxiety	Team Sport: Badminton
18	UNIT REVIEW					

California Cadet Corps Curriculum

First Year - Strand 19-24

Strand	Leadership	Citizenship	Patriotism	Military Knowledge	Academic Excellence	Fitness
19	Leadership Principles 9-11 Profile: Eddie Rickenbacker	Democratic Values Participating in a Democracy: The Five W's	Song: This is My Country The Statue of Liberty	Treating for Shock Moving Injured Persons	Arguing effectively	Team Sport: Softball
20	The Leader's Code Paragraph 1 Profile: Teddy Roosevelt	The United States Constitution	Song: Taps The Vietnam Veteran's Memorial	Survival: Building Shelter Starting a Fire	Communicating Effectively with Teachers	Team Sport: Football
21	The Leader's Code Paragraph 2 Profile: Mary Roberts Wilson	Executive Branch of the U.S. Government	Song: Yankee Doodle The Seal of the U.S. and the Seal of California	Traps and Snares Edible Plants	Communicating Effectively with Parents	Team Sport: Field Hockey
22	The Leader's Code Paragraph 3 Profile: Mary Brown Menzie, Rita Palmer, Rosemary Hogan	The Judicial Branch of the U.S. Government	Song: When the Saints Go Marching In Mount Rushmore	Finding Water in a Survival Situation Sources of Food	Avoiding Procrastination	Team Sport: Handball
23	The Leadership Indicators Profile: Gen. Pershing	The Legislative Branch of the U.S. Government	Song: The Coast Guard Hymn Patriotic Holidays. What they mean The Liberty Bell	Making Tools in a Survival Setting Survival Signaling	Getting Organized	Team Sport: Dodgeball
24	UNIT REVIEW					